

# GRAPEVINE-SOUTHLAKE SOCCER ASSOCIATION

## **U6 Rules**

- Game format is 4v4
- Four 8-minute quarters, substitutions on the quarter breaks.
- No referees, but coaches coach from the sidelines.
- No goalkeepers, keep all players involved.
- No scores kept. Focus is to have fun, not competitive.
- Each player must play at least 50% of the game!

#### **Online Resources**

- GSSA Website
- Coaching U4-U6
- Soccer Xpert Drills
- Soccer Drive Drills

## **Contact Info**

Stephanie Ola U4-U6 Age Group Commissioner

u6commissioner@gssasoccer.org (817) 808-4365

www.gssasoccer.org

Join the GSSA Coach TeamSnap Chat

# **Important Dates**

**Aug 8:** Rosters released to registered/cleared coaches

Aug 9: Coffee with the Commissioners

at The Grapevine REC 9 AM

Aug 11: Fields open for U6+

practices

Aug 16: GSSA schedules posted

**Aug 16/17**: GSSA Weekend at Dick's Sporting Goods and

**Academy Sports and Outdoors** 

Sept 6: Opening Day Games

Sept 8: Monday Night Skills Begins